

2019 TETON OGRE ADVENTURE RACE, 8-HOUR

Pre-Race Update

Dear 2019 Teton Ogre Racers,

Thank you so much for signing up for this year's Teton Ogre! Get ready for an awesome day out there, featuring plenty of route choices, on and off-trail travel, a little snow, some mud, and LOTS of checkpoints to be found. We can't wait to set you loose on the course in just one week from today!

Below is some preliminary information to help you as you prepare for race day. Please read carefully! You will get more in-depth details at the pre-race meeting, but here's something to get you started. We are always available via email if you have any questions in the meantime. TetonAdventureRacers@gmail.com. Please be sure to read through the Race Details page on our website for additional information not included here. (www.TetonOgreAR.com/race-details)

SCHEDULE:

Friday, June 7th at Targhee Athletics in Driggs, ID

5:30-7:00pm*: *Map pick-up, racer check-in, team photos, point plotting.*

- *Please note that we have changed the time from what was originally announced. (Feel free to bring your dinner with you and eat while you plan your race strategy!)
- Be sure to bring your 1:24,000 UTM plotter as well as writing utensils. (There is ample floor space, but limited chairs/tables. You may spread out on the floor, bring your own portable chairs/table, or even take your map elsewhere to plot).

7:00-7:30pm: *Mandatory racer meeting.* We will go over start/finish location, race rules, and will answer any questions you may have.

Saturday, June 8th... Race day!

6:30-7:30am: *Bike Drop off, location to be announced at the pre-race meeting.*

Notes: Due to limited parking, please plan to have your bike completely ready to go before drop off (i.e. no tinkering with your bikes/gear at the bike drop). Extra gear may be left at the bike drop, however anything left there after you leave on your bike during the race will be unattended until you retrieve it after the race. Do not leave any food or drink unattended—this is bear/critter country!

8:00am: *Race start!*

4:00pm: *Finish cut-off time.*

4:30pm-ish: *Awards and food at the finish.* We will have quesadillas and drinks for all racers! Bring camp chairs or a blanket to sit on so you can relax after the race.

Important Information and Race Rules:

*We will go over more specific information regarding the course structure and point system at the pre-race meeting, but please read the following carefully in the meantime:

- Important: Due to the structure of the race this year, there will be no water provided at transition areas. However, there is plenty of water on course for purification.
- It's early June in the Tetons. Please be prepared for any weather conditions. In other words, bring plenty of layers!
- All CPs (checkpoints) will be worth 10 points each. There will be a combination of mandatory and optional checkpoints. Points must be obtained via their specified discipline (i.e., no getting trekking points via bike).
- Mandatory checkpoints must be obtained in order. Optional points may be obtained in any order. This is an important thing to know when formulating your race strategy!
- Final rankings will be as follows:
 - A) Teams will be ranked by total number of points acquired
 - B) Teams will be ranked by fastest time

- C) Teams not obtaining all mandatory CPs will be unranked, regardless of time
- Teammates must be within 50 meters of each other at all times.
 - Bib numbers are to be pinned to backpacks and visible, one per person.
 - Make sure you have all required gear at all times. Random gear checks may be performed throughout the course. Penalty for not providing required gear is 5 points per infraction.
 - You will be traveling in bear country. Knowledge of bear safety and etiquette is required. It is your responsibility to be informed and prepared in the event of a bear encounter. We do not anticipate this to be a problem, but please be aware and smart! Bear spray must be carried on the *outside* of your pack, easily accessible.
 - Bike etiquette: Please get off your bike and walk around any muddy areas as to avoid damaging the trails. No biking off-trail. If you decide to take your bike off-trail, you must walk your bikes.
 - Bikers must yield to horses and hikers. Please be courteous.
 - We will be practicing Leave No Trace ethics. Pack out *everything* you bring in! Please tread lightly and respect our wilderness.
 - No navigation devices that utilize satellites are allowed! No GPS or using your cell phone for anything other than taking pictures or in an absolute emergency. Bike odometers, barometric altimeters, and compasses are ok.
 - Racers must cross the finish line before the cut-off time or will be penalized by 2 points per minute for the first 20 minutes. Racers finishing more than 20 minutes late will be unranked.
 - Penalty for a miss-punched CP (i.e., CP is punched in the wrong box) is 5 points per infraction. Pay attention when punching!
 - If a team member must leave the course early, they must do so at a manned CP or TA and inform a race official. Please do not go home early without letting us know!

Please be sure to review the [Gear List](#) one more time.

Last but not least, a big thanks to all our amazing sponsors! We couldn't do it without the support of these great local businesses!



Peaked Sports in Driggs, ID: Local sports/bike shop and a loyal sponsor of the Teton Ogre. Stop in for any last-minute gear needs!



Barrels & Bins in Driggs, ID: Natural Market and Juice/Smoothie bar. Providing the Teton Ogre with great drinks and snacks since the race began! Stop in for energy bars, drinks, snacks, or a healthy lunch for the drive home.



Kate's Real Food: Organic energy bars made in Victor, ID. Extremely delicious and have been fueling Ogres from the very beginning. We don't race without them!



GarageGrownGear.com: Founded right here in Teton Valley, GGG is the new go-to site for all your outdoor gear needs! Featuring small outdoor companies and startups, it is the place to shop if you love the outdoors and are also a conscientious shopper.



Targhee Athletics: A wonderful fitness community here in Teton Valley. Offering a range of classes including Endurance, Olympic lifting, and CrossFit. Many Targhee Athletic members have conquered the Ogre!



Peak Printing in Driggs, ID: What would an adventure race be without maps? Peak Printing has been our go-to print shop for all things Ogres need printed...maps, passports, flyers, you name it!



Victor Emporium in Victor, ID: Don't leave Teton Valley without trying a world famous huckleberry milkshake from the Emporium! Also a great place to get souvenirs, gifts, and fishing supplies.