





















2018 TETON OGRE ADVENTURE RACE, 24-HOUR

Pre-race Update 2 of 2

In this update you will find a course outline that is meant to help you get as prepared as possible before you show up to check-in on Saturday. At check-in, you will receive a more detailed version of the course outline, but this will get you started! Please keep in mind that times are just estimates and do not include transition times. Heading into an adventure race well-organized is key to a successful race—in many ways your race starts now! Good luck and have fun. See you next week in Tetonia!

Course Outline:

Leg	Discipline	Distance	Estimated Time	What you will have available at the <u>beginning</u> of leg
#1 "Ogre the hill"		22mi	2.5 – 4.5hrs	  (START)
#2 The "O"gre		4-8mi	2.5 - 4.5hrs	  (Transition Area #1)
#3 "All Ogre the map"	 	29mi	2.75 - 5hrs	  (Transition Area #2)
#4 "Ogre the river and through the woods"	 	10-12mi (packrafting) 1.5-6mi (on foot)	4.5 - 6hrs	   (Transition Area #3)
#5 "It ain't Ogre till it's Ogre"		36-39mi	3 - 5hrs	    (Transition Area #4)

